

THURS SEPT 19 CIRCLE DANCE



WHEN
7pm - 9ish
FREE



WHERE
White Tent on the Hill

Bar Hill: 609 W 4th Ave
Behind the Red House in the Orchard

Simple and fun... We all join in the jam!
Enjoy community, sing great songs, move your body and
learn about the world at the same time.
More info: Connie at 756-3076

MYSTICDANCECARAVAN.COM

**Honoring World
Traditions with
Movement
& Melody**

Haida Haida

A simple nonsense dance
(niggun) from the Jewish
tradition.

GANAPATAYEI

From the Hindu Tradition:
using elephant energy to
move obstacles.

MAY ALL BEINGS HAVE HAPPINESS

A traditional Buddhist
Blessing turned jazzy.

HAVA NAGILLA

Learn to sing the whole
thing and dance it!

TE AURO AH

Maori song and dance
from New Zealand

DOWN BY THE RIVERSIDE

Lively Gospel song and
dance promoting peace in
the world.



Haida Haida

Jewish Niggun: This is a Jewish “nonsense” dance. The words have no meaning and it’s danced simply for community, praise and happiness.

The musical score consists of three staves of music in 4/4 time, written in a key with one flat (B-flat major or D minor). The lyrics are written below the notes, and chord markings are placed above the staff.

Staff 1: **dm**
Hai-da, hai-da, hai-di-dee-dai-da,

Staff 2: **A7 dm A7 dm dm**
Hai-da, hai-da, hai-da. Hai-da,

Staff 3: **A7 dm A7 dm**
hai-di-dee-dai-da, Hai-da, hai-da, hai-da.

Dm
Haida haida hai di dee dai da
A7 Dm A7 Dm
haida haida haida

Dm
Haida haida hai di dee dai da
A7 Dm A7 Dm
haida haida haida

Dm
Haida hai di dee dai da
A7 Dm A7 Dm
Haida haida haida

Om Gum Ganapatayei Namaha

Capo 2

This is a dance from the Hindu Tradition to celebrate the strong and powerful energy of elephants and the “Remover of Obstacles” from our path.

Am G Am

Om Gum Ganapatayei Namaha

Am G Am

Om Gum Ganapatayei Namaha

C G Am

Om Gum Ganapatayei Namaha

C G Am

Om Gum Ganapatayei Namaha

F C G

Om Gum Ganapatayei Namaha-aaaa

F C G

Om Gum Ganapatayei Namaha-aaaa

* Translation:

Salutations to the remover of obstacles

May All Beings Have Happiness

This is a jazz riff with words adapted from the Buddhist “Four Immeasurables”. Each of the four ideas correspond to a mental state: loving kindness, compassion, sympathetic joy, and peace (or equanimity).

D Bm G A7 around and around

D Bm G A7
May all beings have happiness & the causes of happiness

D Bm G A7
May all beings be free from sorrow And the causes of sorrow

D Bm G A7
May all beings never be separated From the great happiness

D Bm G
That is sorrowless, sorrowless, sorrowless

A7 D
Light of this world

Bm
Just as long as I live in this world

G A7 D
I am the light of this world

Bm
Just as long as I live in this world

G A7 D
I am the light of this world

Bm G A7
Do n doo doo Do n doo doo Do n doo doo Do n doo doo

D Bm G A7
Do n doo doo Do n doo doo Do n doo doo Do n doo doo

Hava Nagila

A popular dance celebrating happiness and the brotherhood of all people.

1. Hava nagila, hava nagila Hava nagila, vay-nis-ma-cha
Hava nagila, hava nagila Hava nagila, vay-nis-ma-cha

2. Hava na-ra-na-na, hava na-ra-na-na hava na-ra-na-na, vay-nis-ma-cha
Hava na-ra-na-na, hava na-ra-na-na hava na-ra-na-na, vay-nis-ma-cha

3. U-ru, u-ru a-chim

4. Uru achim b'lev sa-may-ach, uru achim b'lev sa-may-ach
Uru achim b'lev sa-may-ach, uru achim b'lev sa-me-ach

5. Uru achim, Uru achim, b'lev sa - may - ah

Basic translation

Let's rejoice and be happy

Let us sing and be happy

Awake my brethren with a happy heart

Te Aora Ah

New Zealand

This waiata (song) is at least 100 years old and is often sung as a response to a speech at a gathering (hui). The dance uses the traditional wiri wiri Maori hand movement. The image of the wiri is of the slight trembling of tree leaves in a breeze, signifying the awakening of the spirit up through the body which stands between and connects earth with sky.

Te A-ro-ha— Te Wha-ka-po-no—

Te Ran— gi- ma-ri- e— Ta-tou Ta-tou e—

D G D
Te Aroha, Te Whakapono
G D A D
Te Rangi-mari-e, Tatou Tatou e

D
We believe in love
G D
We respect the beliefs of all people
G D
Peace comes from within us
A D
And spreads out to everyone

Down by the Riverside

D

I'm gonna lay down my burden
Down by the riverside

A7

Down by the riverside

D

Down by the riverside
I'm gonna lay down my burdens
Down by the riverside

A7

D

I'm gonna study war no more

G

|: Well I ain't a gonna study war no more,

D

Ain't a gonna study war no more

A7

D

Ain't a gonna study war no more :|

JOIN US FOR THE WEEKEND

The Dances of Universal Peace feature movement and songs from traditions around the world. It's a great way to learn about other people, share in community, relieve stress, and promote peace.

No partner or experience needed!

Singing and dancing have been proven to make us healthier on a cellular level... and it's good for your brain!

Dance Schedule

Thurs: Sept 19

7:00 PM

Fri: Sept 20

10 AM & 7:00 PM

Sat: Sept 21

9:30 AM 7:00 PM

Sun: Sept 22

10 AM to noon

More at

MysticDanceCaravan.com