

"The work that a Sufi considers a Sacred Task has nothing to do with any particular creed, nor has it to do with any particular religion. It is only this simple thing:

To be in rhythm [and harmony] with life's conditions and to be in tune with the Infinite."

— Inayat Khan

# Camp Staff 2023

Spiritual Director: Hamid Daniel Kirchhof

Registrar: Barb Bent

Safety Coordinator: Ananda Stephanie Garlichs

Children's Program: Sarah LaFont

Teens & Tweens Group: Aisha Lizzi Juda & Jesse Hoag

Sunrise Practices:

Meditation - Rashid Robert Snyder

Qi Gong - Chitara David Yager

Saturday Morning All-Camp Class:

Munir Peter Reynolds & Saladin Frank Pelfrey

Saturday Evening Zikr: Kabir Stuart McKinnon

Sunday Morning All-Camp Class:

Mirabai Wolf Willow & Quan Yin Lyn Williams

Musician Boshi: Nuria Ginger Lee

Wisdom Circles:

Open - Amira Sarah Pelfrey & Muiz Brinkerhoff
Women's - Nur Mariam Simmons & Mujiba Debbie Berkana
Men's - Hassan Paul Swanson & Wakil David Matthews
Embodiment: You!

"We must accept that no matter the shore before us, the swell and toss of the sea never ends. When brought to the crest of a swell, we can see as far as eternity and the soul has its perspective, but when in the belly of those waves, we are, each of us, for the moment, lost. The life of the soul on earth has us bobbing on a raft of flesh in and out of view of eternity, and the work of the inner pilgrim is to keep eternity in our hearts and mind's eye when dropped in the belly of our days."

— Mark Nepo

# Camp N-Sid-Sen

60 miles from Spokane, WA; 30 miles from Coeur d'Alene, ID. 20 miles S of exit 22, I-90 SITE offers lakefront, hiking trails, and firesides, Indoor & outdoor gathering spaces. Plan for variable (sun/rain/cold) weather.

# Camp Schedule

FRIDAY Please arrive AFTER 4:00 pm
Dinner 6 pm • Opening Circle 7:30 pm
SATURDAY & SUNDAY Sunrise Practices
AM All Camp Gathering & Classes
Children and Youth Programs
PM "Embodiment Hour" & Wisdom Circles
SATURDAY EVE Zikr/Remembrance
SUNDAY EVE Visibility Show
MONDAY AM Universal Worship Service
Community Time • Closing Circle

## Children & Youth

Program activities provided for children/youth during classes and Zikr. Youth are welcome at adult classes. Parents are responsible for children/youth at all other times. Completed consent forms required for each child/youth.

# What To Bring

Sleeping bag/bedding, pillow, flashlight, toiletries, towels, hiking boots, layering, celebratory clothes, talent show props, instruments, special need foods, and items related to theme for altar. For children: games, snacks, art supplies, costumes and hats.

NO Alcohol • NO Non-Prescription Drugs NO Pets (Service Animals Only)

# KHILVAT . Silent Retreat

May 29 - June 2 **Immediately after Camp**with Khalif Saladin Frank Pelfrey
Register Separately • ASAP •
walkinginnature@gmail.com

# Housing & Meals

HOUSING Choose from 1) semi-private lodge room;
2) shared cabin with heat & electricity OR
3) Tent/Camper space.

MEALS Eight family-style meals are included. Vegetarian, dairy-free or gluten-free diets can be requested. Refrigerators available in lodges.

# Registration

#### Register EARLY by April 28!

Fees cover housing, meals, classes and youth programs, & are based on age and housing choice: SENIOR (62+) \$340-\$370 cabin/camper \$370-\$410 lodge

ADULT (22-61) \$370 cabin/camper \$410 lodge YOUTH (8-21) \$300 cabin/camper \$340 lodge CHILD (3-7) \$280 cabin/camper \$320 lodge Children Under 3: Free 2nd Child in the Same Family: 50% Discount

Send all of the following information by April 28:

1) Name 2) Age & Gender 3) Address: Street, City, State, Zip Code 4) Phone w/Area Code 5) Email

6) Emergency Contact: Name/Phone/Relationship

7) Vegetarian, Gluten-Free or Dairy-Free dietary requests 8) Housing Choice with FULL payment by check (U.S. currency) made out to BARAKA, to:

Registrar Barbara Bent

3328 West Fourth Avenue

Spokane, WA 99224

<u>bannbent@outlook.com</u> questions or Zelle payments <u>REFUNDS</u> less \$25 before 4/28;no refunds after 4/28

# Scholarships/Donations

SCHOLARSHIPS Some funding may be possible for families or those with financial hardship.
Contact the Registrar before April 14th.

DONATIONS Please consider including a donation with registration to help support families and those with financial hardship. Thank you!

### Covid Protocols

N-Sid-Sen rules will be known closer to date of camp.

Morning of arrival testing required.

Artwork RAQIB JEFFREY DAVIS Flier Design HAMID DANIEL KIRCHHOF

"Everyday life is the proving ground of spiritual experience..." - Pir Moineddin Jablonsky